EDUCATION & TRAINING FOUNDATION

T-LEVELS
THE NEXT LEVEL QUALIFICATION

End of Life Care

Presenter name

Presentation location

time and date

Today

01 The importance
02 Palliative Care
03 The nurses role and skills
04 Case studies
05 E-Learning

Introduction

“

Having the choice at the end of my life has become incredibly important. It has given me a sense of peace during a time that otherwise would be dominated by fear, uncertainty and pain.

Brittany Maynard”

The Importance

Thinking about the end of our lives can be uncomfortable, and as nurses we tend to focus more on getting people well and recovery.

What is important to remember is that this isn’t always possible, and an important part of nursing is to support patients and their loved ones through the final stages of life

End of Life and Palliative Care

The term ‘end of life’ usually refers to the last year of life, although for some people this will be significantly shorter.

The term palliative care is often used interchangeably with end of life care.

However, palliative care largely relates to symptom management, rather than actual end of life care.

Caring with Confidence
The Code in Action
NMC Nursing & Midwifery Council
Let's talk about...
END-OF-LIFE CARE

The Nurses Role and Key Skills

Communication skills – the ability to initiate or take part in conversations about death and dying

Assessment – the ability to assess people's needs, in partnership with the individual and those who are part of their lives, discuss them with everyone involved and make sure this is written down and shared

The Nurses Role and Key Skills

Competence – all nurses should be competent to provide compassionate and sensitive end of life care with the support of the wider multi-disciplinary team.

This is a fundamental nursing skill and not one that should be avoided.

Coordination – All the care and treatment needs and wishes of the person who is dying are shared with everyone who might have contact with them. If possible one person, who may very well be a nurse, particularly in the community, takes responsibility for this and that individual ensures that they or a nominated deputy are available for both the dying person, their family and other care professionals to ensure that the plan of care is followed and unnecessary confusion, stress and distress are avoided.

Why is Good End of Life Care so Important?

Josh Cawley died a distressing death supported by his family who fought for all his short life to get the care he needed. Bounce Back Boy is a film that explores the life and the death of 23 year old Josh following catastrophic injuries inflicted by his birth parents.

It explores how his, and his adoptive family's complex needs were inadequately identified, assessed and supported by health and social care professionals.

We will now watch the film and webinar which helps nurses to reflect on the issues raised

It wasn't going to be a doddle to find a foster mum for me
but Lynn's always been a glutton for punishment.

Thank you

- Thank you for listening
- Thank you for caring
- Thank you for taking action
- Be More Josh

RCN End of Life Key Principles E- Learning

- **Go to the following website: https://www.rcn.org.uk/clinical-topics/end-of-life-care/fundamentals-of-end-of-life-care**
- **Select ‘fundamentals of nursing care’**
- **There will be an opportunity to ‘sign up’ to the RCN- please do this using your college email.**
- **The e- learning course has podcasts, resources and information to help you through the ‘5 Key Principles of End of Life Care’**
- **Please work through and ensure you take detailed notes.**

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